SUNDAY

- **9-10:30AM Asbury Park** *Therapeutic Value Group*, Lumley Homes, entrance in back, 1025 2nd Avenue (O,NS,Ta,Gr)
- **9-10:30AM Neptune** *Therapeutic Value Group 2* (O,Ta,Gr,VM) *Zoom ID: 874 9690 6931*
- **9:30-10:30AM Oakhurst** Sunday Morning Recovery, Senior Center / West Park Rec Center, Rear Entrance, 615 West Park Avenue (O,D,RR,Tp,WC,NS,HY) Zoom ID: 932 200 9419, Passcode: 726413
- **10-11:15AM Matawan** *Sunday Morning Meditation*, St. Clements House Of Hope, 180 Freneau Avenue (C,JFT,RR,WC,NS,SPAD)
- **10:30-11:45AM** Freehold Wellness Group, New Attitudes Clubhouse, 45 Throckmorton Street (O,D,P,S,St,WC,NS)
- **7-8:30PM Long Branch** *Neversink Group*, Long Branch Elks Club, 150 Garfield Avenue (O,B,Ro,WC,NS)
- **7-8PM Union Beach** Stepping Into Recovery, Grace United Methodist Church, enter on Floyd Ave., 115 St. James Ave. (C,Bk,JFT,St,Td,WC,NS)
- 7:30-8:45PM Manalapan Miracles In Manalapan, Old Tennent Presbyterian Church Cemetery, 448 Tennent Road (O,WC,NS,V) In brick building

MONDAY

- **6:30-8PM Asbury Park** *Monday Night Madness*, Q Spot, 1601 Asbury Ave. (C,Ro,NS)
- **7-8:15PM West Long Branch** *Recovery is the Solution*, Lutheran Church of the Reformation, Broadway & Locust Ave. (C,D,Tp,WC,NS)
- **7:30-8:45PM Freehold** *Hope in Freehold*, First Presbyterian Church of Freehold, 118 West Main Street (O,WC,NS,V)
- 7:30-8:45PM Union Beach We Will Survive Group, Grace United Methodist Church, enter on Floyd Ave., 115 St. James Ave. (O,D,NS,L)
- **8-9PM Matawan** *Living Clean Just For Today*, St. Clements House of Hope, 180 Freneau Avenue (O,JFT,S,WC,NS,Lc)

TUESDAY

7-8PM Manasquan *Blessings by the Sea*, Holy Trinity Church, 6 Osborn Avenue (O,JFT,S,NS)

- **7:15-8:30PM Manalapan** Recovery in Manalapan, Old Tennent Presbyterian Church, 448 Tennent Road (O,WC,NS,V)
- 7:30-8:45PM Matawan Principles Before Personalities, St. Clements House Of Hope, 180 Freneau Avenue (O,SWG,St,Td,WC,NS)
- **7:30-8:45PM Keyport** *Twelve Steps to Freedom*, Calvary Methodist Church, 3rd and Osborn Streets (C,Cn,D,St,WC,NS)
- **7:30-9PM Asbury Park** *Twelve Steps to Freedom*, Trinity Church, 503 Asbury Avenue (O,Bk,D,S,St,WC,NS)

WEDNESDAY

- **7-8:30PM Asbury Park** *Against All Odds*, The Center House, at Memorial Dr., 806 3rd Ave. (O,D,S,St,NS)
- **7-8PM Long Branch** We're Still Here (O,D,M,Tp,VM) Zoom ID: 932 200 9419, Passcode: 726413
- **7-8:15PM Red Bank** *Women Kicking It*, First Baptist Church of Red Bank, 84 Maple Ave. (O,W,NS,V)
- **7:30-8:45PM Howell** Home in Howell, Prince of Peace Lutheran Church, 434 Aldrich Road (O,S,St,Tp,NS,Gr,SPAD)
- **7:30-8:45PM Matawan** *The Steps and Traditions Work*, First Presbyterian Church, upstairs, Rt. 34 at Franklin Ave. (C,D,S,St,Td,NS)
- **7:30-8:45PM Eatontown** We Had to Hear It Group, St. James Episcopal Church, parish hall behind church, 69 Broad St. (Rte.71) (C,D,S,Tp,NS)
- **8-9:15PM Asbury Park** *It Gets Better*, Q Spot, 1601 Asbury Ave. (O,G,JFT,St,NS) *LGBTQ*

THURSDAY

- **12:15-1:30PM Long Branch** *Bring A Friend*, Church Hall of St. James Church, park and enter in back, 300 Broadway (O,D,JFT,Tp,WC,NS)
- **7-8:15PM Belmar** Recovery by the Sea, Belmar Presbyterian Church, enter on E Street, 600 9th Avenue (C,D,S,St,NS,HY) Zoom ID: 825 8012 2002, Passcode 668257
- **7-8PM Freehold** Sisters Seeking Serenity, Hope Lutheran Church, near Jackson Mills Rd., 211 Elton-Adelphia Rd. (O,D,S,W,WC,NS)
- **7-8:15PM** Freehold Work the Steps or Die (O,D,M,S,SWG,St,VM) Zoom ID: 882 269 730

7:30-8:30PM Matawan Cut To The Chase, Trinity Episcopal Church, all the way at dead end, 18 Ryers Lane (O,Ro,WC,NS)

8-9PM Oakhurst We Dare to Care, West Park Recreation Center, 615 West Park Ave. (O,Ro,NS)

FRIDAY

- **6-7:30PM Asbury Park** *We Do Recover*, The Center House, 806 3rd Avenue (C,D,S,WC,NS)
- **7:15-8:30PM Matawan** Women Seeking Recovery, St. Clements House Of Hope, 180 Freneau Avenue (C,W,WC,NS,V)
- **8-9:15PM Red Bank** Blessings of Recovery, AME Zion Church, corner J. Parker Blvd. (West Bergen), 285 Shrewsbury Ave. (C,B,S,NS) basement entrance
- **8-9PM Oakhurst** *Friday Night Hope*, Ocean Township Rec Center, 615 West Park Ave. (O,Cn,Ro,RR,WC,NS)
- **8-9PM Matawan** *Men About Recovery*, Trinity Episcopal Church, off Route 79, 18 Ryers Lane (C,D,JFT,M,St,WC,NS)
- **8-9PM Englishtown** *Never Too Late*, First Presbyterian Church of Englishtown, 50 N. Main Street (O,JFT,S,WC,NS)

SATURDAY

- 8:30-9:45AM Neptune Get Your Wake Up Group (O,D,RR,Tp,VM) Zoom ID: 287 739 7678, Passcode: 9nYck3
- **11-NOON Matawan** *Miracles in Matawan*, Trinity Episcopal Church, all the way at dead end, 18 Ryers Lane (C,D,Ro,St,Tp,WC,NS)
- **11-12:30PM Asbury Park** *One Primary Purpose*, The Center House, at Memorial Drive, 806 3rd Avenue (O,D,NS)
- **6:30-7:45PM Asbury Park** *Live Better Group*, Em-Power Me, 1012 B Springwood Ave (O,Ro,S,WC,NS,V)
- **7-8:30PM Long Branch** Good Orderly Direction (C,D,JFT,S,VM) Zoom ID: 846 2494 5873, Passcode: GODGROUP
- **7-8:15PM Manalapan** *Surrender To Change*, Old Tennent Presbyterian Church Cemetary, inside Neefe Chapel do not park on grass, 448 Tennent Road (O,NS,V)
- 7:30-8:45PM Middletown (Belford) Sanity through Spirituality Group, St. Mary's Church, basement, 26 Leonardville Road (O,Ro,S,WC,NS)

11-12:15AM Keansburg Kleansburg Group, Kitchen At St. Mark's, Next to Parish Hall, Corner of Myrtle Ave & Kennedy Way (O,D,S,WC,NS)

MEETING FORMAT LEGEND			
М	Men	St	Step
0	Open (anyone welcome)	В	Beginner
D	Discussion	Cn	Candlelight
Bk	Basic Text	С	Closed (addicts only)
G	Gay/Lesbian	Р	Pamphlet
JFT	Just for Today	RR	Round Robin
S	Speaker	SWG	Step Working Guides
Тр	Topic	Td	Tradition
WC	Wheelchair	Ro	Rotating
W	Women	Ta	Tag
V	Varied	NS	No Smoking
Lc	Living Clean	L	Literature
Gr	Grab Bag	HY	Hybrid Meeting
SPAD	Spiritual Principle A Day	VM	Virtual Meeting

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use,

and find a new way to live.
Our message is hope
and the promise of freedom.

Basic Text, page 65

Meetings Weekly: 45

SERVICE MEETINGS

HOSPITALS & INSTITUTIONS

Justin D Justindaily99@gmail.com 732-734-7033 Meets 2nd Sunday each month at St James Episcopal Church 300 Broadway, Long Branch

WEBSITE

Gloria F. grichar1051@gmail.com 732-829-0022

PUBLIC RELATIONS

Vic C Vcerniglia56@gmail.com 732-682-5818

ACTIVITIES

Frank C 732-865-2466 Meets monthly the week before area 180 Freneau Ave Matawan, NJ 07747

PHONE NUMBERS



CENTRAL JERSEY AREA MEETING LIST MONMOUTH COUNTY April • May • June 2025

**scan QR code for most up to date list

24 HOUR HELPLINE

732-933-0462
CENTRAL JERSEY AREA WEBSITE
cjasc.org



STATEWIDE WEBSITE

<u>nanj.org</u> SUGGESTIONS

Avoid People, Places and Things You Used
With or At
Come Early and Stay Late
Don't Use and Go To Meetings
Get and Use a Sponsor
Get a Home Group
Go to 90 Meetings in 90 Days
Use the Phone
Get Involved In Service
Keep Coming Back. It Works