

**SUNDAY**

**9-10:30AM Asbury Park Therapeutic Value Group**, Lumley Homes, entrance in back, 1025 2nd Avenue (O,NS,Ta,Gr)

**9-10:30AM Neptune Therapeutic Value Group 2** (O,Ta,Gr,VM) *Zoom ID: 874 9690 6931*

**9:30-10:30AM Oakhurst Sunday Morning Recovery**, Senior Center / West Park Rec Center, Rear Entrance, 615 West Park Avenue (O,D,RR,Tp,WC,NS,HY) *Zoom ID: 932 200 9419, Passcode: 726413*

**10-11:30AM Matawan Sunday Morning Meditation**, St. Clements House Of Hope, 180 Freneau Ave. (Route 79) (C,JFT,RR,WC,NS,SPAD)

**10:30-11:45AM Freehold Wellness Group**, New Attitudes Clubhouse, 45 Throckmorton Street (O,D,P,S,St,WC,NS)

**1:30-2:30PM Keansburg Mixed Nuts (MICA / PTSD focus)**, St. Mark's Church Community Center, 247-A Carr Avenue (adjacent field) (O,B,D,P,JFT,WC,NS) *park on Kennedy Way and enter via ramp - do not use kitchen door*

**3-4:15PM Keansburg Off The Beach**, St. Mark's Church Community Center, 247-A Carr Avenue (adjacent field) (O,D,Ro,WC,Y,NS) *park on Kennedy Way and enter via ramp - do not use kitchen door*

**7-8:30PM Long Branch Neversink Group**, Long Branch Elks Club, 150 Garfield Avenue (O,B,Ro,NS)

**7-8PM Union Beach Stepping into Recovery**, Grace United Methodist Church, 115 St. James Street (C,D,St,WC,NS)

**7:30-8:45PM Manalapan Miracles In Manalapan**, Old Tennent Presbyterian Church Cemetery, 448 Tennent Road (O,WC,NS,V) *In brick building*

**MONDAY**

**6:30-8PM Asbury Park Monday Night Madness**, Q Spot, 1601 Asbury Ave. (C,Ro,NS)

**7-8PM Eatontown Exit Addiction 105**, St. James Memorial Episcopal Church, 69 Broad Street (O,Ro)

**7:30-8:45PM Freehold Hope in Freehold**, Reformed Church of Freehold, 67 West Main street (O,WC,NS,V)

**7:30-8:45PM Union Beach We Will Survive Group**, Grace United Methodist Church, enter on Floyd Ave., 115 St. James Ave. (O,D,NS,L)

**8-9:15PM Farmingdale Be in the Solution**, The Farm, In the Barn, plenty of parking, 260 Casino Drive (O,Ro,S,NS,L)

**TUESDAY**

**7-8PM Manasquan Blessings by the Sea**, Holy Trinity Church, 6 Osborn Avenue (O,JFT,S,NS)

**7:15-8:30PM Manalapan Recovery in Manalapan**, Old Tennent Presbyterian Church, 448 Tennent Road (O,WC,NS,V) *In brick building*

**7:30-8:45PM Matawan Principles Before Personalities**, St. Clements House Of Hope, 180 Freneau Avenue (O,SWG,St,Td,WC,NS)

**7:30-8:45PM Keyport Twelve Steps to Freedom**, Calvary Methodist Church, 3rd and Osborn Streets (C,Cn,D,St,WC,NS)

**7:30-9PM Asbury Park Twelve Steps to Freedom**, Trinity Church, 503 Asbury Avenue (O,Bk,D,S,St,WC,NS)

**WEDNESDAY**

**7-8:30PM Asbury Park Against All Odds**, The Center House, at Memorial Dr., 806 3rd Ave. (O,D,S,St,NS)

**7-8PM Long Branch We're Still Here** (O,D,Tp,VM) *Zoom ID: 932 200 9419, Passcode: 726413*

**7-8:15PM Red Bank Women Kicking It**, First Baptist Church of Red Bank, 84 Maple Ave. (O,W,NS,V)

**7:30-8:45PM Howell Home in Howell**, Prince of Peace Lutheran Church, 434 Aldrich Road (O,S,St,Tp,NS,Gr,SPAD)

**7:30-8:45PM Matawan The Steps and Traditions Work**, First Presbyterian Church, upstairs, Rt. 34 at Franklin Ave. (C,Cn,D,S,St,Td,NS)

**7:30-8:45PM Eatontown We Had to Hear It Group**, St. James Episcopal Church, parish hall behind church, 69 Broad St. (Rte.71) (C,D,S,Tp,NS)

**8-9:15PM Asbury Park It Gets Better**, Q Spot, 1601 Asbury Ave. (O,G,JFT,St,NS) *LGBTQ*

**THURSDAY**

**NOON-1PM Long Branch Bring A Friend**, Long Branch Public Library, side entrance, 328 Broadway (O,D,JFT,Tp,WC,NS)

**7-8PM Manasquan Manasquan 11th Step**, Holy Trinity Church, Downstairs, 6 Osborn Ave (H&W)

**7-8:15PM Belmar Recovery by the Sea**, Belmar Presbyterian Church, enter on E Street, 600 9th Avenue (C,D,S,St,NS,HY) *Zoom ID: 825 8012 2002, Passcode 668257*

**7-8PM Freehold Sisters Seeking Serenity**, Hope Lutheran Church, near Jackson Mills Rd., 211 Elton-Adelphia Rd. (O,D,S,W,WC,NS)

**7-8:15PM Freehold Work the Steps or Die** (O,D,M,S,SWG,St,VM) *Zoom ID: 882 269 730*

**7:30-8:30PM Matawan Cut To The Chase**, Trinity Episcopal Church, all the way at dead end, 18 Ryers Lane (O,Ro,WC,NS)

**8-9PM Oakhurst We Dare to Care**, West Park Recreation Center, 615 West Park Ave. (O,Ro,NS)

**FRIDAY**

**1:30-3PM Keansburg That Was Then ... This Is Now!!**, St. Mark's Church Community Center, 247-A Carr Avenue (adjacent field) (O,D,P,JFT,St,WC,NS) *park on Kennedy Way and enter via ramp - do not use kitchen door*

**6:30-7:45PM Asbury Park We Do Recover**, The Center House, 806 3rd Avenue (O,D,WC,NS,L)

**7:15-8:30PM Matawan Women Seeking Recovery**, St. Clements House Of Hope, 180 Freneau Avenue (C,W,WC,NS,V)

**8-9:15PM Red Bank Blessings of Recovery**, AME Zion Church, corner J. Parker Blvd. (West Bergen), 285 Shrewsbury Ave. (C,B,S,NS) *basement entrance*

**8-9PM Oakhurst Friday Night Hope**, Ocean Township Rec Center, 615 West Park Ave. (O,Cn,Ro,RR,WC,NS)

**8-9PM Matawan Men About Recovery**, Trinity Episcopal Church, off Route 79, 18 Ryers Lane (C,D,JFT,M,St,WC,NS)

**8-9:15PM Englishtown Never Too Late**, First Presbyterian Church of Englishtown, 50 N. Main Street (O,JFT,S,WC,NS)

**SATURDAY**

**8:30-9:45AM Neptune Get Your Wake Up Group** (O,D,RR,Tp,VM) *Zoom ID: 287 739 7678, Passcode: 9nYck3*

**11-12PM Matawan Miracles in Matawan**, Trinity Episcopal Church, all the way at dead end, 18 Ryers Lane (C,D,Ro,St,Tp,WC,NS)

**11-12:30PM Asbury Park One Primary Purpose**, The Center House, at Memorial Drive, 806 3rd Avenue (O,D,NS)

**6:30-7:45PM Asbury Park Live Better Group**, Em-Power Me, 1012 B Springwood Ave (O,Ro,S,WC,NS,V)

**7-8:30PM Long Branch Good Orderly Direction** (C,D,JFT,S,VM) *Zoom ID: 846 2494 5873, Passcode: GODGROUP*

**7-8:15PM Manalapan Surrender To Change**, Old Tennent Presbyterian Church Cemetary, inside Neefe Chapel - do not park on grass, 448 Tennent Road (O,NS,V) *Memorial Day to Labor Day in brick bldg.*

**7:30-8:45PM Middletown (Belford) Sanity through Spirituality Group**, St. Mary's Church, basement, 26 Leonardville Road (O,Ro,S,WC,NS)

**11-12:15AM Keansburg Kleansburg Group**, St. Mark's Church Community Center, 247-A Carr Avenue (adjacent field) (O,D,S,WC,NS) *park on Kennedy Way and enter via ramp - do not use kitchen door*

**MEETING FORMAT LEGEND**

M	Men	St	Step
O	Open (anyone welcome)	B	Beginner
D	Discussion	Cn	Candlelight
Bk	Basic Text	C	Closed (addicts only)
G	Gay/Lesbian	P	Pamphlet
JFT	Just for Today	RR	Round Robin
S	Speaker	SWG	Step Working Guides
Tp	Topic	Td	Tradition
WC	Wheelchair	Y	Youth
Ro	Rotating	W	Women
H&W	It Works How and Why	Ta	Tag
V	Varied	NS	No Smoking
L	Literature	Gr	Grab Bag
HY	Hybrid Meeting	SPAD	Spiritual Principle A Day
VM	Virtual Meeting		

**SERVICE MEETINGS**

**HOSPITALS & INSTITUTIONS**

Justin D  
Justindaily99@gmail.com  
732-734-7033  
Meets 2nd Sunday each month at  
St James Episcopal Church  
300 Broadway, Long Branch

**WEBSITE**

Gloria F.  
grichar1051@gmail.com  
732-829-0022

**PUBLIC RELATIONS**

Vic C  
Vcerniglia56@gmail.com  
732-682-5818

**ACTIVITIES**

Frank C  
732-865-2466  
Meets monthly the week before area  
180 Freneau Ave  
Matawan, NJ 07747

**PHONE NUMBERS**

**What is our message?**

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,**

**and find a new way to live.  
Our message is hope  
and the promise of freedom.**

Basic Text, *page 65*

Meetings Weekly: 49



**CENTRAL JERSEY AREA  
MEETING LIST  
MONMOUTH COUNTY  
April • May • June  
2026**

\*\*scan QR code for most up to  
date list

**24 HOUR HELPLINE**  
732-933-0462

CENTRAL JERSEY AREA WEBSITE  
[cjasc.org](http://cjasc.org)



STATEWIDE WEBSITE  
[nanj.org](http://nanj.org)

**SUGGESTIONS**

**Avoid People, Places and Things You Used  
With or At**

- Come Early and Stay Late**
- Don't Use and Go To Meetings**
- Get and Use a Sponsor**
- Get a Home Group**
- Go to 90 Meetings in 90 Days**
- Use the Phone**
- Get Involved In Service**
- Keep Coming Back. It Works**